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SNIP & CLIP

Extreme couponing takes shopping to next level for one sophomore

Extreme couponing seems to be the new thing now. For those of you who do not know what it is, it includes an insane amount of coupons, time and calculations.

Most people have seen or at least heard of the show "Extreme Couponing" on TLC. It is not just an exaggeration though. For some people couponing to the extreme is a reality for them. This new trend is becoming more and more popular every day, even in school with teachers and students.

So why is couponing becoming more and more popular? For the simple reason of saving a pleasant amount of money or sometimes even being paid by the store after grocery shopping with coupons. Most teachers here are not quite to the extreme level yet but it still feels good saving so much.

"I have probably cut my grocery bill nearly in half since I began couponing two

years ago," said biology teacher Laurie Jo Andry.

You can see why so many teachers or people in general are switching over to price matching and couponing.

"I have always enjoyed shopping and getting a deal, it's like I am cheating the system," said nurse Stacie Durbin.

However, there are some down sides to this.

According to the teachers and as seen on the TV show, usually the entire process of couponing and organizing takes a lot of time to accomplish. Between work, school and a social life it could be a challenge. Although if you are just looking to get a few good deals on the more expensive products you use or maybe just cut your grocery bill in half like Andry, on average it might take an hour or two out of the week.

From teachers you might expect this new trend of saving money, but from a

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